















Photo of the Week

"Knockerball" being played by some students on the front lawn. Photo by Kyle Dawson/THE SPECTATOR



Student Activity Fee Budget Request Forms

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Registered student organizations wishing to request Student Activity Fee Funding for the 2016-2017 academic year may pick up Budget Forms from the Office of Student Affairs & Dean of Students, Student Union, Third Floor.

The deadline to submit Budget Request Forms is

NOON, FRIDAY, MARCH 11th

to the Office of Student Affairs & Dean of Students Student Union, Third Floor.

Budget Hearings Take Place Wednesday & Thursday, March 23 & 24

Questions? Call Andrea Butler @ 229-333-5941



Letter from the promote that fashion comes in all Jordan Barela shapes, sizes and colors.

EDITOR-IN-CHIEF jlbarela@valdosta.edu

Since the move to our new format, we at The Spectator do what we have dubbed a "themed" issue. With this new format, we dedicate an entire issue to a specific theme. Last semester we did millennials, finances, and sex. Last semester was our testing ground for this new format.

This semester we are starting out with something different.

We are bringing the Spectator down the runway.

Fashion is always changing. You never see the same thing going down the prestigious runways of New York Fashion Week each year. Similar to NYFW, a college campus is the perfect place to see what is in style and how fashion is changing.

In this issue we have stories on the best fashion apps, shopping hacks and even a story on the infamous "bum swag."

Among these stories are more technical stories which include making your own lipstick out of candy.

The biggest thing we are proud of with this issue is the cover. With this cover, we want to

Not only did we try to highlight the above statement, we also hope that our readers can see this message. While we can't get every body shape, or size, we can offer another avenue for students to express themselves.

Along with the message that we are promoting on the cover, we are also devising a social media campaign. With this campaign, we are asking for VSU students to send, tweet or post your personal fashion sense to our various social media platforms.

With both the cover and our social media campaign, we want VSU students to embrace whatever fashion they chose to display. It is your fashion, own it. It is what makes you, you.

Like our hashtag states, show us your style!

With this being the first themed issue of the semester, we at The Spectator hope to have more developed and well researched themes further in the semester. This issue is just the starting

point.

In the words of Alexander McQueen, "fashion should be a form of escapism, not a form of imprisonment."





TIME IS

the next week's paper!

pectator Classifieds

The Spectator prints free classifieds for current students of Valdosta State University only. These must be no more than 40 words, or a \$13.90 charge will apply. Classifieds for faculty, staff, student organizations, student-owned businesses and the general public cost \$13.90 for up to 40 words.

Ads should be sent to the Spectator or delivered to our office in 1238 Hopper Hall. The deadline is 5 p.m. Thursday, a week prior. If payment applies, it should be submitted in a sealed envelope at the time the ad is placed or paid via Mastercard, Visa, Discover or electronic check online through Aimee Napier, Advertising Manager. Email Aimee Napier at acnapier@valdosta.edu to pay online.

Ads must be accompanied by the name and phone number of the person submitting the ad. Students must also submit their VSU Student ID number. Ads must be resubmitted each week, as necessary.

The Spectator address is: 1500 N. Patterson St., Valdosta, GA 31698. Our email address is spec_advertising@ valdosta.edu.

The *Spectator* reserves the right to reject any classified ad. All ads are subject to standard editing procedures. The *Spectator* is not responsible for mistakes due to a submitted error. The categories for classifieds include: For Sale, For Rent, Sublease, Wanted, Roommate, Services, Personnels and Employment.

vsuSpectator.com



VSU Students: Your Ad Here - FREE!



Health Tip of the week According to the CDC, binge drinking is the most common pattern of excessive alcohol use. -The Student Health Center





Haley Vinson and Dillon Rountree represent VSU's Young Republicans.

Jordan Barela/THE SPECTATO Jessie Jaime and Othellious Cato represent the Young Democrats of VSU.

Miles Brown Staff Writer milbrown@valdosta.edu

For VSU students and staff interested in debates, this past Tuesday, College Democrats and Republicans held an important debate concerning many issues voters want to see discussed and resolved in the United States.

The event called "Mobilizing Georgia: The Great Debate" was held Tuesday at 7:00 p.m. in Bailey Science Center, room 1011.

Some of the topics discussed were instituting the draft to expand the country's armed forces, how the college community can reduce racial tensions on college campuses, income and wage gaps between the wealthy and poor, and police brutality. The moderators included Joel Pollack, republican; Michelle Miller, republican; Thomas Hochschild, democrat; Paige Dumus, democrat; and the debaters included Jessie Jaime, democrat; Othellious Cato, democrat; Haley Vinson, republican; and Dillon Rountree, republican.

The idea for the debate came up in conversation in late 2015.

"This debate has been a collaboration from the start with the Young Democrats of VSU," said Connor McCarthy, vice chairman of VSU College Republicans. "It has been in the works for the past few months."

According to the publicity director, Rountree, he "proposed the idea to Joel Pollack last November and it grew from that."

Rountree added that the partnership with the Young Democrats was intended from the beginning both "due to its necessity and fact that any legitimate debate would require the endorsement of both."

Poll sheets were given to audience members when they arrived to the debate. Information included on the page was gender, state age, circle whether VSU student or faculty/staff as well as a blank space to write for "other." The sheet also asked that audience members circle their political party and what candidate they identify with for the upcoming presidential election.

Conservative republican Rountree and moderate democrat Cato took political jabs against one another's views and party standings, such as Cato's remark as to how republicans "can support and work with the same people (Muslims/minorities) they insult every day." Rountree refuted and set the record straight about Republican nominee Donald Trump's views on being a direct representation of the Republican Party.

Cato appeared to be very passionate about his views and had a response for each question thrown at him by the moderators and audience members. He was particularly knowledgeable about issues concerning foreign policy, income and wage gaps, and racial relations. Rountree also proved to be one of the most knowledgeable debaters and the most confident. On the other hand, Jaime and Vinson gave a quieter, more reserved performance in the debate.

According to College Democrat President Jaime, both the College Republicans and Democrats wanted to hold the debate to "allow people to hear the perspectives of both sides and come to their own informed opinions, whether than just repeating their parent's mentality."

After the debate, an audience Q&A was held, in which the debaters were given 45 seconds to respond.

"My goal for this was to make this a different political debate all around," Pollack, president of the College Republicans, said.

Both Jaime and Pollack added that the biggest thing was for young people to get out and vote.

"We don't care who you vote for, just as long as you vote," Pollack said.

SGA prepares to present resolution to Faculty Senate

Tatyana Phelps Managing Editor tnphelps@valdosta.edu

The Faculty Senate will meet today to discuss a measure that will allow a student's transcript to reflect their highest grade achieved in a course taken multiple times.

This and other issues will be discussed at the organization's meeting at the University Center Magnolia Room at 3:30 p.m. SGA is prepared to propose an Academic Forgiveness Bill, which will allow students to retake a course to replace the previous grade received instead of averaging the two grades together. Under the current rule, if a student retakes a course to improve his or her grade, the average of the two grades remains on his or her transcript. Under the proposal, students can only replace up to five grades on his or her transcript.

students in favor of this change. SGA also claims that implementing the new policy will increase enrollment and retention at VSU.

enrollment and retention at VSU. Among other topics to be discussed is the ROTC Bill. SGA has been contacted by

SGA has been contacted by cadets and officers from VSU's ROTC Detachment 172 about giving priority registration to participants in the program, who often have a difficult time registering for core classes since some parts of their program are mandated by the U.S. Air Force. Early registration will allow ROTC students to plan out their courses before registration opens to the rest of VSU students.

Tuition freeze in Georgia for upcoming school year

Julia Rodriquez ASSISTANT OPINIONS EDITOR jlrodriguez@valdosta.edu

No increase in tuition will occur for the 2016-2017 academic year, according to the Board of Regents of the University System of Georgia.

College expenses can be overwhelming for some students and no increase in tuition could greatly benefit a lot of people.

"We carefully assess the tuition rates for our institutions and are committed to keeping college as affordable as possible for students and their families," said Chairman Kessel Stelling in USG's news

release.

Most students were happy to hear the news and gave positive responses when asked how they felt about this tuition freeze.

"I thinks it's relieving and it's comforting to know," Rachel Fish, freshman interior design major, said.

Money can be a stressful topic and not everyone's income increases with the price of tuition, so knowing it will remain the same price for another year can take a giant load off of students' shoulders.

"I think that's a good thing because college in general is so expensive," Coral Wilcox, freshman criminal justice major, said.

Other students were glad to hear it would remain the same, but were hoping for a little more.

"It's good but at the same time I have to pay for everything myself so I really wish It'd go down not just stay the same," Josh Jones, sophomore computer science major, said.

Though it is unfortunate that the price is not going down, VSU still remains one of the cheapest college choices as a USG school. The tuition rates are among the lowest in the Southern Regional Education Board, according to the USG Board.

Spectator staff takes home nine awards from GCPA

SGA says that the resolution being proposed by that the organization has collected signatures of Also to be discussed are concerns about the new graduation schedule in response to a letter received from a "disappointed student" including complaints regarding changes made to the traditional graduation schedule.

Interim President Cecil Staton will also give the latest VSU updates at the meeting.

Want to catch up on the latest Trump news? Check out Jada Dukes' story on the web!

Kyle Dawson

Рното Едіток kkdawson@valdosta.edu

ciation conference and awards banquet last Saturday. The staff won nine GCPA awards, including the best website and the most improved newspaper.

Individual awards won by members of the Spectator include third best review by Julia Rodriquez, third best sports story by Shane Thomas, third best editorial by Jordan Barela, and third best news article based on investigative reporting by John Preer, Tatyana Phelps and Jordan Barela.

The Spectator also won third in photography excellence, third for best campus community service for a feature, and second for best campus community service for an editorial.

The conference, which is held annually in Athens, was attended by two and four year colleges from all around Georgia.

Students were able to attend seminars held by journalism professionals on a variety of topics

The Spectatorincluding sportsstaff at VSU rackedwriting, storytellup at the Georgiaing and transpareCollege Press Asso-ency.

writing, storytelling and transparency. Editor-in-Chief of the Spectator, Jordan Barela, said that he was

proud of the staff and their awards.

"The whole staff has worked

extremely hard to become the best news organization that we can become," Barela said.

Students were able to meet other student journalists from across the state in order to share ideas and learn new techniques.

"Universities much larger than VSU compete in this contest, and for our news organization to perform so well shows that we have a tremendous amount of journalistic talent on this campus," said Dr. Ted Geltner, editorial adviser to the newspaper.



DENIONS

Our point of view...

Body positivity comes in all shapes and sizes

While focusing on fashion this week, we at The Spectator did not want to overlook a part of the fashion industry that often is. Body shaming and the lack of body positivity in the United States fashion scene are far too prevalent.

According to the Multi-Service Eating Disorders Association, 40 percent of female college and 7 percent of college male students suffer from some type of eating disorder. This high number is alarming to us at The Spectator.

The lack of body positivity in our country and the high rates of eating disorders among college students is no coincidence. While being flooded with images of unrealistic men and women through magazines, television and the Internet, it is easy to understand why these eating disorders develop so often.

However, The Spectator staff commends Sports Illustrated and Mattel, Inc.

for their recent strides in making their products more body positive. The Swimsuit edition of Sports Illustrated recently used their first plus sized model, Ashley Graham size 14, on the cover of the magazine.

While on a more child friendly level, Mattel announced their plans to release a line of Barbie dolls in 2016 that bare the same measurements as average women. The iconic doll will also be available in a number different heights, skin tones, hair colors, and eye colors.

The cover of this week's edition was meant to highlight all of the different body shapes, sizes, and colors that grace the VSU campus. With this, we hope to inspire a wave of change on our campus. We hope you are all able to find beauty in your own bodies, as well as remembering that beauty comes in all shapes, sizes, and colors.

This editorial was written by a member of the editorial staff and expresses the general opinion of The Spectator.

Despite haters, you can be a feminine feminist

Jada Dukes STAFF WRITER jldukes@valdosta.edu

Does having fleeky eyebrows and a bomb contour mean you're not a feminist? Does rocking a sultry eye look and a bold lip mean you're in favor of the wage gap?

According to some members of the feminist society, these statements could not be more accurate. Certain feminist feel that women who wear makeup cannot proclaim themselves as feminist because it is their belief that the act of wearing makeup would suggest that they are in support of gender inequality and the misrepresentation of women and what it means to be beautiful within the beauty industry. This is a very complex topic because there is some truth in this belief; but there are also a lot of faults as well.

The act of wearing makeup should not affect the amount of credibility a woman has to speak on feminist issues. In fact, is it not a feminist belief that neither one's gender nor their appearance should determine their capability or overall intelligence? This way of thinking is reminiscent of the misogynistic phrase "who wears the pants in your relationship?" which alludes to the idea that the act of wearing pants defines how dominant/masculine you are and

So if you're a feminist who enjoys wearing makeup and debunking misogyny, more power to you, girlfriend!

that the act of wearing a skirt or a dress determines how submissive/ feminine you are. When put them, in comparison, they both seem pretty ridiculous.

However, there are some valid points within this belief. It is very true that there is a false image of beauty being fed to women all over the U.S. and although there are certain companies like Dove, and American Eagle that are trying to combat these unrealistic forms of beauty portrayed in the media, the fight has really just begun.

As for makeup companies,

there is a lot that can be said about the models chosen to advertise these products and the amount of photo editing used to make these models appear "beautiful." It is also true that makeup can change how women are perceived by their friends and colleagues.

Makeup can also serve as a form of self-expression. Some women feel that makeup allows them to show off their personality and would compare it to changing their hair color.

In certain situations appearance is everything. It is seldom that a woman with a corporate job will ever walk into her office with a bare face and a messy bun simply because she knows it will be perceived as unprofessional by her colleagues and while this is true that doesn't necessarily make it right either.

The real issue here lies within the patriarchal views placed upon women by the cosmetic, television, and movie industries.

When it comes down to it, feminism should have nothing to do with the amount of makeup a woman wears. A woman's ability to be a feminist should only rely on her belief that women and men should receive equal rights and fair treatment.

So if you're a feminist who enjoys wearing makeup and debunking misogyny, more power to you, girlfriend!

Sexism strikes again: Women pay more for basic necessities than men

Julie Jernigan STAFF WRITER jvjernigan@valdosta.edu

Let's add another reason why it sucks to be a woman, shall we? Not only are we paid less for doing the same job as men, we also pay more for similar household items.

According to the Department of Consumer Affairs, women pay 7 percent more, which adds up to \$1,351

annually. For example, Cosmopolitan showed how Schick hydro silk for women cartridges cost \$18.49, and the men equivalent cost \$14.99. I found that a women's white button up shirt at Old Navy cost \$26.94, and the exact same men's button up is \$24.

In an article from the Huffington Post, Emily Spensieri, president of Female Engineered Marketing, said, "It boils down to marketers knowing they can get away with it."

They know that women are more likely to pay more, because they're more involved in the process.

The article also said that women tend not to care if things are in men's packaging, because they want the best deal, rather than a man who refuses to buy anything in a "girly" color. Because of women buying cheaper men products, the suppliers

are bumping the prices of women products to counterbalance.

This peculiarity--known as the "pink tax"-- has been going for quite some time, and experts say it's not going away.

From a marketing standpoint, it is a very smart business move. We as consumers can choose not to buy the more expensive products but that still doesn't mean it's fair. When are women going to catch a break?

It is honestly baffling how we still live in a sexist world. The way to fix the problem is to talk about it. Chances are, not many people have noticed the differences, and the more we talk about it the more people know.

Target, the major retailer, was under fire awhile back as people noticed Target

and girl's toys and clothes higher than men's and boy's, as reported by Cosmopolitan. After the media attention, Target dropped the prices of most products so they were all equal. If we all apply pressure and add attention to the major manufacturers and retailers, maybe we can start change.

For now though, I'm going to start buying men's razors.

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OPINIONS T-Swift throws a diss

VOICES OF THE STUDENTS

What is your go to clothing item or accessory and why?

The one thing I cannot live without is my gold watch. Like Kanye told me in "All Falls Down", you just can't not have it. -Quiane Turner freshman criminal justice

My bracelet. I've had it for like 2 years. My grandmother gave it to my father and then when she passed away, he passed it down to me. -Craig Prince sophomore audio production A t-shirt. It's just comfortable and easy to throw on especially when you're going to class all day, so you just wanna stay comfortable. -Jayla Abbott junior nursing

The one fashion staple I cannot live without is the color black. I wear black shoes, black jeans, black shirts. -Kala Taylor senior middle grades education

Tyra Mills Social Media Editor tnmills@valdosta.edu

This past week, the 2016 Grammy Awards took place. There were many highlights of the night, including Kendrick Lamar's powerful performance and, of course, Queen Beyonce presenting Bruno Mars with the Record of the Year award.

The most interesting highlight of the night was Taylor Swift's acceptance award speech. She won a Grammy for her 1989 album, taking home the Album of The Year award.

Kanye West was not at the Grammys, along with many other celebrities. Recently, he released not only a new album but a new video game and clothing line. He had a listening party at Madison Square Garden where he allowed many celebrities and fans to view all three of these projects at once. On one specific track that Kanye played, he said, "I feel like me and Taylor Swift might still have sex, why? Because I made that bitch famous."

When you first hear that line, it does sound offensive and I can completely understand why Swift would be upset with it. It sounds disrespectful and definitely



MCTCampus

Taylor Swift after winning several Grammy awards on Monday, Jan. 15. doesn't help Kanye's reputation of but I don't think she was nearly

being a jerk.

Not too long after the song was released, Kanye took to twitter to address the lyrics. He stated that he didn't mean to diss Taylor Swift, and this seemingly vulgar word is used in hip hop as an endearing term. He also stated that Swift gave him her blessing.

When Swift decided to throw shade at West during her acceptance speech, it threw many of us for a loop. Swift stated, "There are going to be people along the way who will try to undercut your success or take credit for your accomplishments or your fame."

Personally, I feel like Kanye actually did help Swift's career. Sure she had a fan base beforehand, but I don't think she was nearly as important then as she was after the 2009 incident at the MTV awards. That incident was viewed by millions of people and had Kanye not interrupted her, I'm sure we all would have forgotten about her by now.

Kanye was wrong for interrupting her, but let's be honest, Taylor Swift makes music for preteen suburban girls who have had their heart broken by childish boys. To me, all of her music sounds just about the same, and it does nothing to advance the culture of music. Whether Kanye deserved the diss or not, one thing I can definitely say is she didn't deserve that award.

Great teachers make great mentors. Meet one who makes a difference.



"Over my four years at Valdosta State, I saw him as both a teacher and a mentor. Even when I was not taking his classes, I would still visit his office to ask for academic help and guidance. He is always eager to help in any way he can, which is the trait that I feel makes him such an effective teacher and mentor. The individual attention he gives and the respect he shows his students allows him to create a class where students can comfortably ask questions and engage in the educational process."*

"To me, Gardner is not just a teacher, but also a mentor, and I respect and appreciate the ad-

GARDNER ROGERS DEPARTMENT OF ENGLISH

FACULTY AWARD EXCELLENCE IN TEACHING 2012

vice that he has given me regarding my college career and my future. I hope that one day I, too, will have the impact on my students that Gardner has had on me."*

"Alongside his clear assignments, practical style, and help guidance, Mr. Rogers' greatest asset always appeared in his heart for students. No matter what obstacle my peers or I faced, Mr. Rogers handled each situation with poise and direction, never relenting until the problem was completely resolved."*



Connect with great professors.

9 of 10 VSU Professors Rate 4 or Above on a Scale of 5 on Student Opinions of Instruction

*Student comments from letters of recommendation for Excellence in Teaching Award

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ACROSS

10 Bara of silent films

14 Historical period

16 Cheese from Holland

19 McGraw and Conway

25 Captain Hook, for one

24 "One Flew __ the Cuckoo's

15 "Win, Lose or

Wars" films

28 Ms. Lansbury 30 Jacob's twin

32 Rex or Donna

36 Battery size

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33 Actress Eva Marie

34 Actor and folksinger Burl _

39 Mike Connors crime series

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13 "The ___ Woman"; Lindsay Wagner series

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Created by Jacqueline E. Mathews

Halpert; role on "The Office"

_ Skywalker; character in "Star

_"; Macaulay Culkin



THE TV CROSSWORD

by Jacqueline E. Mathews

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According to Uproxx, Universal Pictures tried to sue Nintendo over Donkey Kong's similarities to King Kong.

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- 11 "___ with Murder" 13 Two-cup item
- 15 Monogram for Mamie's man 17 "I'm a Celebrity, Get Me ___ of Here!"

1 Series set at a school for the

3 Actress on "Criminal Minds"

5 "Now You __ Me"; Jesse

2 Actor Robert of "The Sopranos"

- 18 Instrument at a luau, for short
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- 22 Mrs. in Mexico
- 25 __ person; apiece
- Suffix for treat or expert 26
- 27 "Norma ___"; Sally Field movie
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- 33 "___ and the City"
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- 38 In the present condition 39 "A Gifted
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- 41 Ultimate degree
- 42 Comment from Homer
- 43 Tumor suffix

Dear First Year Students,

Go check us out on social media!

Kennethcole

Louisvuitton

Marcjacobs

Lacoste

Can you find all the words?



Fendi

Dolceandgabbana

Giorgioarmani

Givenchy

Specticit Today's top fashion apps

If you're looking for apps to help you ramp up your look, look no further. Here are five of the best fashion apps to get you looking your best.

Jada Dukes STAFF WRITER jldukes@valdosta.edu



Sephora-to-go is exactly what it sounds like--a Sephora you can carry with you anywhere you go. This app gives you access to one of the best make-up stores even if you don't live near one. The app caters more toward IPhone users who, according to the Sephora website, can scan items in store to access product reviews and download a digital version of their beauty-insider card for easy use, but both iPhone and Android users benefit from special mobile deals. If you're a make-up addict, this app is a must have.



Pose, called the "Instagram of fashion," by Mashable.com, lets users upload outfits they wear every day. If you've ever run out of outfit ideas, this app is your solution. Because real people are posting what they wear, users can get a good idea of what clothing will look like on body types more similar to their own. When you post a picture, you are encouraged to tag each clothing item so others can shop your look, too. If you're looking for a style boost, you can use this app to re-vamp your look.



POLY

VORE

If you want to be fashion-forward but you don't want to pay full-price for designer brands, Mallzee is the app for you. Mallzee lets users search for and mark pieces from more than 50 designers, and if the price is too high, Mallzee will even notify you when your favorites go on sale. Mallzee also features a feed called #trending that lets its users see what's in and what's on its way out.

If you love to put together outfits for any occasion, this app is for you. Users can style and make a collage of their own outfits using ready-to-purchase clothes from hundreds of retailers, or browse through outfits made by others. See something you like? You can shop an entire look or purchase separate items from the app.



Ever seen someone wear a piece that you *have* to have? Find out where your dream piece is from and snag it before it's gone with this app. Users can help each other find long-lost outfit staples, poll each other on possible outfits, and create communities based on style with this app.



Help Leo finally win an Oscar!

Kayla Stroud WEB EDITOR kistroud@valdosta.edu With just days until the big show, known Oscar-desperado Leonardo DiCaprio needs all the help that he can get in finally capturing that coveted Academy Award.

British animation group "The Line" has created a new way for you to contribute in the actor's storied quest in snagging the much maligned award in

the new game "Red Carpet Rampage"! "Red Carpet Rampage' is a game that has users mashing buttons in order to help a racing DiCaprio grab a Oscar statue that is just out of reach.

While the actor has snagged every award known to man from the BAFTAs, to Golden Globes, to MTV Movie Awards, he has yet to reach the endgoal of getting that Oscar. The acclaimed actor has been nominated a total of six times—one is still pending—yet has never been so lucky. The poor guy's failed efforts has even become an Internet meme.

So, with this game, here's to helping this man finally wins that Oscar!

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Check out this week's **Web Exclusive:**

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Multimedia Editor Darian Harris recently photographed all 8 of our models for the cover. Here are few of the staff's favorite pictures from each of the model's photoshoot. The Spectator editorial board would like to thank each model for participating in our cover shoot.





STUDY ABROAD AND BE LIKE NATALIE?



Natalie Tanner, VSU alumni, has a degree in International Business with a minor in German.

Contact us @: studyabroad@valdosta.edu valdosta.edu/studyabroad 229.333.7410

"It was humbling," she says, "and I feel better prepared now." When asked for what, she simply smiles and says, "My major. My career. My dreams."



VSU's Fine Arts Gallery opens a fragrant new exhibit

Pam Agedah Staff Writer peagedah@valdosta.edu

"Watch Your Step" indicates a warning, a cautionary title and "Fragrant Installation" is because the piece was built on site using fragrant spices," said Stephen Watson, the artist who created the works on display in the newest exhibit at VSU's Fine Arts building.

The title speaks to the concept behind his art.

This is Watson's first spice art gallery show this year and his second year displaying spice art since beginning the project. Watson has done six spice art gallery shows since beginning of last year.

Watson is an art instructor with the University of Alabama and Shelton State Community College in Tuscaloosa, Alabama.

"The idea for the spice art exhibit came from a church project I was doing," said Watson. "I used to be a sculptor, I made art relevant to the idea and I wanted to do a piece that had a lingering effect on the people, to leave people changed."

The project originally started at a church. Watson wanted to create a sweet smell that allows the church congregation to connect and gather together so he created checkered spice art on the steps outside of his church in Alabama.

In doing so, he also wanted the piece to be interruptive, to make people stop and wonder.

"Instead of just engaging visually, I wanted them to engage with their sense of smell also," Watson said.

Watson wanted his audience to use more than one sense when observing his art.

"Part of the reason why I wanted others to experience another sense was because I see myself as emotionally inept," he said. "I make art to feel."

The exhibit was created with

the help of a dozen Valdosta student volunteers and took about 12 hours and was made of 20 lbs. of spices, ranging from turmeric to spices like rosemary powder.

"I based the spices I picked based on texture, color and smell. The work was designed to be decorative, alluring, aroma pleasing and unusual," Watson said.

The art pieces are not glued down to the floor, so it could be easily destroyed by someone touching it or kicking it, hence the title "Watch Your Step."

"Gluing the pieces down would feel like taxidermy. The project feels like a living organism because it can be destroyed. It would be like a stuffed deer on a wall, but you always wonder what it was like alive," Watson said.

Watson wanted the exhibit to be disruptive and for people to leave their mark.

"We are all shaping every space we inhabit," he said.







The easy way to save: Shopping Hacks that are beneficial to students

Erin Martin Staff Writer erimartin@valdosta.edu

College students quickly learn the value of a dollar when they leave home and have to start doing their own shopping. Things work differently when you have to learn to budget your own money.

Saving money is easier said than done. It's easy to tell yourself to not spend money and try to save as much money as you can. Realistically, saving money can be difficult. markdowns on a Wednesday; this hack will always give you the best selection.

Online Shopping and Shipping: The best hack for online shopping is called the waiting game. Companies notice items that stay in your cart and usually provide some incentive.

Leaving items in your shopping cart online is the best way to get the price reduced. Don't be so quick to finalize your purchases, because there will always be a sale.

Perfecting your 'bum swag' before class: The lazy guide to getting dressed in a hurry

Mayah Cantave COLLEGE LIFE EDITOR mcantave@valdosta.edu

Beep! Beep! Beep! The alarm is blaring, alerting you that you have only 15 minutes to get to class. You jump up immediately searching for clothes, trying to get your binder in you book bag with a in a little more effort in what you put on. It's too late to go back home, you have to stick with what you put on. People silently judging you as you walk by.

This is common occurrence for most college students, unless you plan ahead. It is possible to wake up, get dressed and look good in a hurry. Just follow these eight simple rules to creating you own bum swag. The tips work for both guys and girls. This will be the easiest way to dress for the day. Simple is always better.

Rule 5: Bring a jacket.

Its always better to be safe than sorry. You never know the temperature in a classroom. Be prepared.

Rule 6: Have go-to shoes. These shoes will be important. Make sure the shoes you pick match with just about everything. These could be flipflops, sneakers or slides.

Some of the best ways to save money is found in our every day spending transactions.

Here are a few shopping hacks that every collegiate will need:

Couponing: Many people tend to overlook the mass amount of ads and free coupons that come in newspapers. However, if you need to save a few dollars, coupon clipping is effective and has the ability to save students hundreds of dollars not only food items, but toiletries, make up, and clothes.

Clearance Hunting: Knowing when your favorite stores do markdowns is a smart way to save money and find inexpensive clothes. Some stores may do their shoes markdowns on Monday, or may do jewelry Another online shopping hack is to add, like and follow your favorite stores as friends on social media sites like Twitter and Instagram. Most stores will provide coupon codes for your orders, or even free shipping after adding them or sharing a post.

Student Discounts: Most restaurants in Valdosta offer student discounts from 5 to 15 percent off with your student ID. Before buying food at restaurants in Valdosta, simply ask if they offer one. Some restaurants that give discounts to students include The Mix, Zaxby's, Barberitos, Fazoli's, Moe's and more. Other stores that also give student discounts include H&M, Steve Madden, Sephora, and Francesca's. Also, Amazon gives students 6 months of Amazon Prime, with free two day shipping. toothbrush hanging out of your mouth.

Getting up in the morning everyday, whether it be for work or class can be a struggle, especially when you're running late.

Preferably, you would like to go to your class in your pajamas without being judged but this can be almost impossible. You've been staring at your closet for 5 minutes trying to decide what to wear.

The clock is counting down. Ten minutes until class starts, its time to put on some clothes and walk out the door.

Like most college students, you grab the first thing you see and go to class. Later, you look down and realize you are mismatched, looking a hot mess. Now you wish you put **Rule 1: Check the weather.** Nothing is worse than getting ready and your outfit does not match the weather.

Rule 2: Be aware of your colors.

Try to make sure your colors coordinate

Rule 3: Shorts and long sleeves create the perfect combination.

The long sleeves will cover your arms and keep you warm just in case your classroom is cold while your shorts keep you cool.

Rule 4: Jeans and t-shirts are fundamental.

Rule 7: Be comfortable.

This goes without saying. You are wearing the clothes no one else. If your going to wear it, you should feel relaxed in it.

Rule 8: Own it. You make the clothes, the clothes don't make you. Be sure to remember that you don't have to wear clothes for other people. Wear whatever makes you feel good.

The rules are not concrete. This just gives a quick guide to getting ready for class without looking like a complete slob. All-in-all, wear what you want and be confident in yourself.

niifgfiiff

Q&A about fake nails & hair **Students discuss the latest fashion trends**

Carlius Williams STAFF WRITER carwilliams@valdosta.edu

Whether it be a job interview or first date, a fresh fit could be a boost of confidence and can help you stand out of a crowd.

Fashion is a window to a person's creativity. Students were asked their opinions about certain fashion trends and asked whether it matters or not.

Q: Do you care about fake hair or nails?

A: I don't care about fake hair or nails. (Tara Dambach, sophomore, exercise physiology) **A:** Forget fake hair and nails. It's too much. (Deven Chapman, biology, Alumnus) A: Fake hair and nails

don't really bother me because Beyonce wears them and everyone wants to be Beyonce. Just as long as it looks neat and clean. (Tynisha Harris, sophomore, math major) A: Fake hair and nails don't bother me at all. Just depends on how it is worn. Lace fronts and wigs bother me though, if it's not done correctly. (Khadisia Allen, junior, pre-nursing) A: Fake hair and nails are kind of childish to me, but if you paid for them then I guess they are yours. (Yavniel Lee, senior, criminal justice)

Q: Can fake nails, hair, etc. be overdone? Is it too much?

A: It's not too much unless

it looks ratchet. (Dambach) A: It's only too much if your nails looks like Cruella Da Ville. (Harris) Q: What is your take on lace front beards? A: As long as the beard looks good who cares unless I'm dating them. (Dambach) A: No comment on the fake beard thing because I didn't know it existed until today. (Harris)

A: Lace beards are too much, if you don't have a beard then I don't think you should try to force it.(Allen)

Fashion is a statement. It is a choice and there are many options on how you carry yourself. And at the end of the day, whatever you wear kind of reflects your personality.

Style mix-up

The importance of changing your wardrobe

Julie Jernigan STAFF WRITER jvjernigan@valdosta.edu

At some point in our lives, we feel like our life is stuck in a rut. We do the same things every day: get up, go to class, go home, go to work, sleep and then the next day we do it all over again. We need to spice up our lives every once in awhile to avoid feeling so boring, and what better way than to change up your look!

Whenever I change up my look I honestly feel fantastic, because I'm a girl who is most comfortable in leggings and big t-shirts. I feel like I'm re-inventing myself, and I can be

anyone I want to. I can be a hipster, cool girl and a girly girl on different days of the week. Changing things up every once in awhile makes you more versatile to your surroundings. It helps you adapt.

Changing your wardrobe helps keep things more exciting, and it's a major self-esteem booster. We look the most beautiful when we feel our best. Don't worry about if you can pull anything off, because you can. Block out all the haters, who are just jealous anyway, and who wished they looked as good as you. We are not put on this earth to seek approval from others. The only person that matters is you. Besides, having a little air of mystery around you is always good. It keeps people guessing.

This doesn't mean you have to change yourself. By all means, keep your wardrobe, if that makes you happy. You should feel comfortable in whatever you wear. If the root of the problem is that you're not happy with yourself, then work on loving you, and try this tip after to create a fun and exciting life.

What you wear should be a refection of you. Try to incorporate things into your wardrobe that best show who you are. Happy shopping!

Changing the fashion game starting with the lips: College students DIY guide creating personalized lipstick

Julia Rodriguez ASST. **OPINIONS EDITOR** jlrodriguez@valdosta.edu

Looking good and having quality lipstick does not have to be unaffordable. Making homemade lipstick is as easy as making ramen, and almost as cheap. All you will need is \$5, a microwave and a microwavable bowl or jar. Paper or Styrofoam bowls or cups unfortunately will not do.

First, take that \$5 and head to the dollar store. Grab a pack of starbursts, cornstarch and some cheap eye shadow.

The eye shadow is optional because it only serves as a color enhancer and container for your lipstick. You should have significant change left over, if you do not, then you bought too

many starbursts or too fancy eye shadow.

You will only need five starbursts and many brands have eye shadow for under a dollar such as elf and wet n' wild.

Once you have your supplies in order head to your microwave and get out all your supplies. Five starburst, half a cup of water, two tablespoons of cornstarch, eye shadow, a bowl to microwave it in and something to stir it with.

Unwrap five starbursts of your color choice and put them in the bowl. If you have cooking spray use some to avoid sticking but it is not necessary.

Microwave the starbursts for 20 seconds, then add the half cup of water and two tablespoons of corn starch and stir. The starbursts will be in

one single clump so microwave for another 15 seconds. This time when you stir it should all mix together in a thick, gooey paste.

At this time you will want to add that eye shadow for some extra color, and throw away any extra because you will use the container for your lipstick.

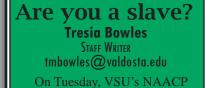
Let your container of lipstick cool in the fridge or sit until it becomes a stiff gel. It

unfortunately does not get thick enough to put in a chap stick tube; it will be more of a gloss stain that you will apply with your finger.

This lipstick is great because it is not sticky, it smells great and provides a nice subtle color. Unfortunately it does not last all day so keep it with you for reapplication. Have fun!









held an event called "New Slave' event. People from all different oranizations, sororities, and fraterni ties joined in a panel to discuss ow we as African Americans have become obsessed with technolbgy and material things. The event opened up with an empowering video by certified black psychologist, Dr. Umar Johnson. The hosts presented a litany of questions for the panel to discuss and they even got the audience involved. Some of the topics included envy, H.N.I.C., material items, and what we can do from now on to put a stop to these things holding us back from success once and for all. Within time all of the chairs were filling and everyone present left nourished with thoughts from many different points of views.

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Senior shooting guard Justice reserves spot in VSU history

Aldean Starr STAFF WRITER astarr@valdosta.edu

Blake Justice took his talents from Ohio to Georgia, and the Blazers are certainly thankful.

Justice is originally from Peebles, Ohio. While there, he broke the scoring and league record of Peebles High School.

Before becoming a Blazer, Justice played collegiate basketball at Akron University. Injuries prompted Justice to transfer, where connections then came into play.

"I dealt with a little injury problems coming out of high school and at Akron," said Justice. "I did not want to sit out going from division 1 to division 1 so when I started looking, our television guy at Akron actually coached my father and coach Helfer in college so they had a connection, and after talking to the coaches and seeing the campus, I had my mind made up.'

Justice is currently the Blazers leading scorer this season and sixth in the conference averaging 15.6 points per game. He has connected on 56 three-point field



Darian Harris/THE SPECTATOR any game". Blake Justice looks for a pass in a Jan. 30 game against Lee. VSU won 74-70.

goals this season. His scoring and shooting prowess has made Justice only the 22nd player in school history to eclipse 1,000 points for his/her career. He is also just the seventh player to reach the mark

in three years of play. Even with all the buzzer-beaters and records, Justice is looking to accomplish more

"Obviously, the ultimate goal is an NCAA championship and we are putting ourselves in a situation right now to be one of the top teams in the conference going into the tournament," said Justice. "Everyone wants to win and make it to the big dance. I feel like this the type of team that if we make it to the NCAA tournament, you never know what could happen."

The Blazers are tied for tops in the conference in home wins. Justice stressed the importance of keeping a home court advantage.

"Fans should keep their eyes out because if we make the top four, which we are right now, we are going to have a home tournament game," Justice said. "The home crowd could play a factor in

Justice and the Blazers' next contest is on Thursday against West Alabama.

"Anybody that comes out to the games, I appreciate that and our team really appreciates it," Justice said.

Eight athletes welcomed into school Hall of Fame

LaMarcus Wilkerson STAFF WRITER lkwilkerson@valdosta.edu

VSU honored eight of its greatest athletes at the school's 20th annual Hall of Fame induction ceremony at 10 a.m. on Feb. 13 in the Student Union Ballroom. The event, hosted by athletic

director Herb Reinhard, included a ceremony and brunch for those in attendance.

Members of the class include Brandon Decker, Kristina Ely, Robert Hagan, Leos Jelinek, Hal Humme, Coretta Bloom, Dominique Ross and the 2007 Blazers football team.

Decker was recognized for having the highest career batting average (.413) and slugging percentage (.792) in the history of VSU baseball.

On the softball end, Kristina Ely made first team as an All-Gulf South Conference player twice and finished with a .327 career batting average.

Robert Hagan was honored for his unwavering loyalty to the program. Along with Hagan, Leos Jelinek contributed to the tennis team from 2007-2009 and upgraded VSU's reputation as being a top competitor in the Gulf South Conference.

With 1,659 career points, women's basketball player Coretta Bloom was celebrated for being the eighth-highest scorer for the program.

In the football world, former coach Hal Mumme was recognized. Reinhard's first hire, Mumme produced a 40-17-1 record from 1992-1996, placing him top three for most wins in school history.

"I've had a lot of jobs and I've bounced around a lot, but I really enjoyed this job here more than any of them," said Mumme.

Honoree Dominique Ross played running back from 1992-94 and rushed for 3,237 yards during his school career. Ross went on to play for the Dallas Cowboys.

The only full unit to be honored was the 2007 football team. David Dean's group pieced together a 13-1 season capped off with a national championship.

According to the Valdosta Daily Times, Dean appropriately addressed his team directly.

"The first meeting we had, I challenged you guys to leave a legacy," said Dean. "How would you be remembered, how do you want to be remembered? They all said they wanted to be remembered as champions. Congratulations. You are. You accepted that challenge. You're a national champion and you're a Hall of Fame member."

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AT POUND HALL 1:00PM College of Business Administration 4:00PM College of Nursing & Health Sciences

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