



# STRESSED OR BLESSED

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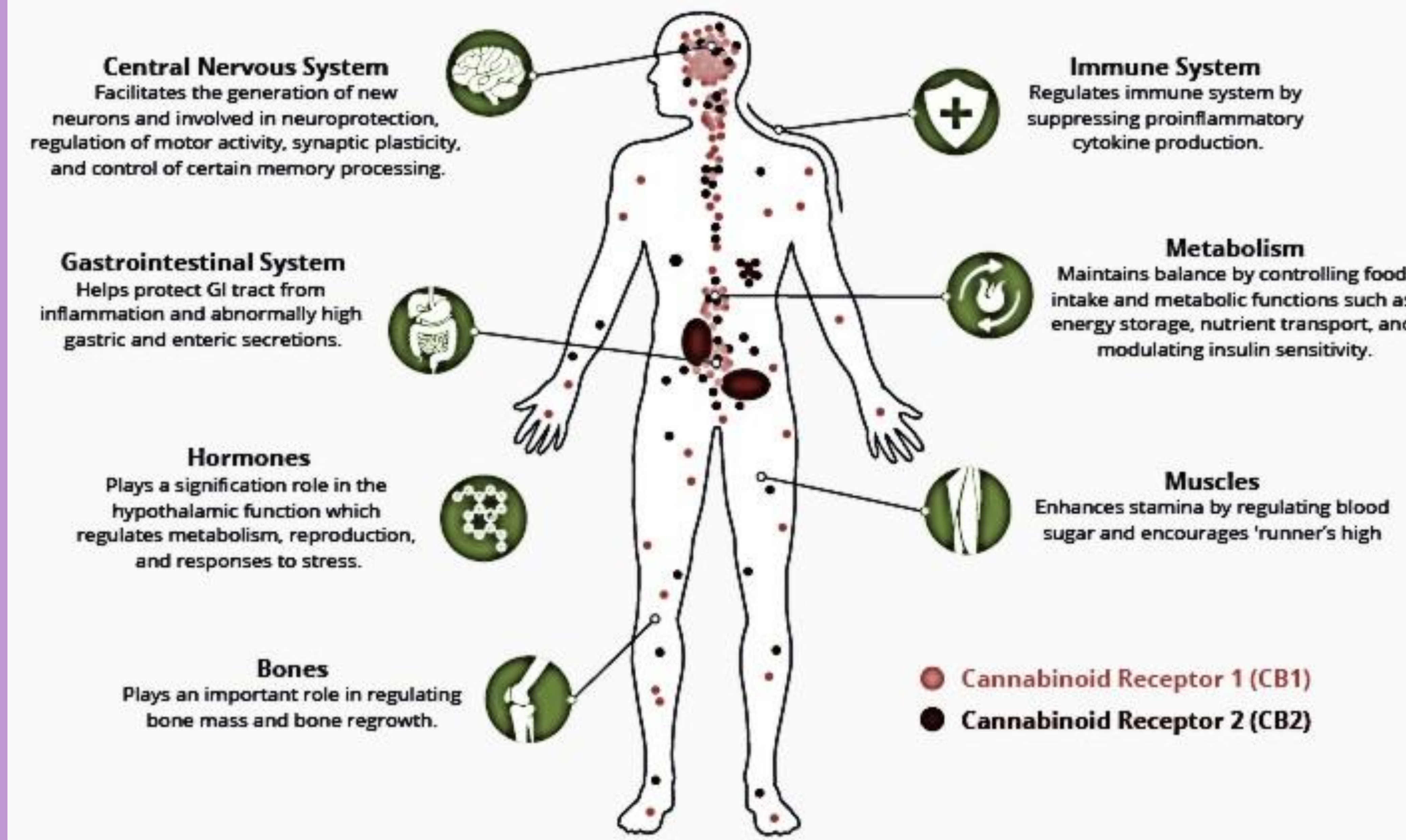
## Discussion

The importance of understanding Clinical Endocannabinoid Deficiency is so that we can find better ways to treat it and make treatment more available. The lack of information about CED makes it difficult for people to obtain the correct diagnosis and treatment for their illness.

## Project Abstract:

Clinical Endocannabinoid Deficiency is a relatively recent theory/diagnosis which has been posited as the underlying cause of various conditions such as as migraines, fibromyalgia and even irritable bowel syndrome. As a result of this deficiency or chemical imbalance it is postulated that the body is left unable to cope with stress and subsequent health issues arise. In the experience of this researcher doctors are either unaware of this deficiency or are hesitant to diagnosis it. Treatment of this deficiency can be difficult as many insurance companies will not cover the cost of it. The goal of this research then will be to explore Clinical Endocannabinoid Deficiency and the challenges that those with the deficiency may face as well as providing anecdotal data from the researcher's own "illness narrative."

## THE BODY'S ENDOCANNABINOID SYSTEM



## Conclusion

Understanding Clinical Endocannabinoid Deficiency is important. It wrecks havoc on the body and causes many health issues. My motivation to understand this condition stems from being personally affected and my needs to find the best treatment available. I feel it is also important to spread knowledge about this little-known condition.

## Research

The endocannabinoid system's job is to regulate the body when it undergoes change. When the endocannabinoid system is not functioning properly it can leave the person susceptible to various illnesses. When a person has a fully functioning endocannabinoid system, they have what is called Clinical Endocannabinoid Deficiency (CED). This deficiency can be crippling due to the body not being able to cope with important fluctuations within day to day life. These fluctuations include symptoms such as intense emotions and stress. CED can affect various other systems throughout the body. One system it can have great affect on is the immune system. People with clinical endocannabinoid often end up with autoimmune diseases.

## Clinical Endocannabinoid Deficiency, CED

Conditions that May involve CED:

- Pain/ inflammation; Migraines, Fibromyalgia.
- Mental health: Anxiety, PTSD, Major Depression, Bipolar disorder, Motion Sickness, Schizophrenia
- Nervous system: Multiple sclerosis, Diabetic Neuropathy, Brachial plexopathy, Causalgia, Phantom limb pain, Glaucoma, Huntington's Parkinson's, Cystic Fibrosis,
- Appetite/ digestive system: Anorexia & Bulimia, Neonatal Failure to Thrive, infantile Colic, Irritable Bowel Syndrome.
- Fertility/ Reproductive system: Dysmenorrhea, Hyperemesis, repeat miscarriages